LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
			8h Pilates reformeur*	8h Yoga fly gravity*		
	9h30 TAF	9h30 Transform 20	9h30 Total body Hit the floor	9h30 Hard Candy Fitness spiderweb xtg		
					10h Total body & spiderweb	
						10h15 You can dance
	10h30 Stretching band & balance	10h30 ALVIN AILEY STUDIO DANCE	10h30 Piyo RITUEL DE KYOTO	10h30 You can dance & ballroom dancing		
					11h kick ass kombat	11h15 Hard Candy Fitness THE BEAST
					12h Stretching & balance	
					13h15 Pole dance	
18h Pump it up*	18h Iconic Circuit	18h Girly		17h30 Pilates reformeur*		
			18h30 Pilates & Flexibility	18h30 Total body Hit the floor		
19h Country danse Fitness	19h Hard Candy Fitness THE GAME	19h Core de force Kombat	19h30 Danse de salon			
20h Pilates Toys	20h You can dance	19h45 Yoga fly gravity confirmer*				
						*sur résa